

## THE THEATER GAME Tools for relationship and knowledge

Theater can provide the tools for active participation in the various aspects of social life for every person; a participation with a formative, vital, and critical function. From this perspective, theater can help develop the abilities of those on stage as well as those, no less important, of the audience; it also offers the experience of knowledge rooted in the body, uniting thought and action. The "know-how," which is the foundation of every theatrical art, with its rules and conventions, the discipline of group work, and the stimulation of creativity, offers a wealth of human experience that certainly enriches personal growth, involving all aspects of each of our lives.

The workshop aims to provide the key to a possible approach to different forms of language and emotional expression. To show oneself and reveal oneself without necessarily performing, to meet and start from the individual, to create individual action, to insert it into a collective context, to respond to the presence of others and their imagination, and to make "one's own world" transmissible—this is our way of conceiving "doing theater": living the totality of the experience as an educational project. Doing theater is a habit of listening; it is knowing how to relate to others in a space; it is critically considering—and therefore actively—what happens in order to relate to it, emotionally absorb it, and be able to communicate one's particular vision, whether imaginative or realistic, but always meaningful.

## **STRUCTURE**

Theater as a tool for relationships and knowledge.

Theater as a means of participation, discovery, and questioning.

Acquisition of skills in expressing one's own emotions.

SOME PATHWAY ELEMENTS
Elements of theater
Improvisation
The relationship between actor and audience
Space and the body
Languages and symbols on stage
Play and its rules
Relationships on stage

Contact Us
Whatsapp: +39 349 7085836
Telephone: +39 349 7085836
Info@gemsintuscany.it
Follow us
Instagram: @gems.intuscany
Facebook: @Gems in Tuscany

Creation of a performance

## TYPICAL PROGRAM

5:00 PM – Introduction to the program
5:30 PM – Warm-up and getting-to-know-you games
6:00 PM – Elements of theater, improvisation, emotions, relationships
7:00 PM – Creation of a script and preparation of a work presentation
8:00 PM – Break/dinner
9:00 PM – Preparations and rehearsal
9:30 PM – Short performance

Minimum number of participants: 6 Maximum number of participants: 20

A course guided by an expert director-playwright

